

## 2023-11-04 Jeshua

Beloved, and holy, and only Child of our heavenly father, Child of the one Source, Child of Love. It is my great joy to join with you in that love. In truth, that is all there is, is love. Allow yourself to abide in that place -- that place of joy, that place of knowing Oneness, that place where in truth your God Self always abides. Allow yourself the deep breath and the peace that comes with it.

Beloved ones, it is a joy to behold you. The ones who are here in front of me, activating the bodies in this way, and the ones that are with us -- aha, you disappeared! -- in technology. Most delightful. What can be done? Now you see them; now you do not.

But in truth, beloved ones, you are always one. One with me and with all seemingly separate beings. Because as we have spoken many times, there is the seemingly separate being of you, personality wise. But in truth, there is only one of us. It is the Christ going forward having the human experience.

And yes, that is why I took upon myself the attributes of being human, as one Jeshua, to know how you experience life. How it is for you. And I went through the whole range of emotions -- from the time of birth and being worshipped by the three Magi that came, the Wise Men. You are coming up to that time in your timing, where you will again celebrate and act out perhaps the drama and the good part of Christmas time. Bringing forth Christ in knowing that yes, Christ is alive and well. Birthed as a small baby one time what you see to be historically a long time ago. And yet when you bring it to mind, it is right here, right now with you.

Now, I have had the question many, many times, "Jesus/Jeshua was I one of the Wise Men? Was I one of the shepherds? Was I at your birth time?" And the truth is, yes. You were.

In your times of deep meditation, I will appear to you. And I have seen this happen with you where it has been, "No, no, it can't be. Can't be. No." And yes, it is. For all is truly one. And you call forth the individuated experiences to say, "Well, this is my experience as John or as Mary or Hildegard," whatever the name might be. And you go forth living that experience.

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But in truth, you are one. This is why there are some times you will know what another one is thinking. This is why when questions are asked, you can immediately know the answer. And you think, "Where did that come from? How did that happen?" And yet I see you experiencing that more and more in this day and time where you are feeling as you call it tuned in to another one, all of your friends. And you have a feeling of oneness. And then it passes because you say, "Oh no, that can't be. I am this." (Jeshua gestures to body) And you are -- and more.

So, allow yourself to enjoy that feeling of oneness with another one -- with friends that you know very well and you feel, "I know what you are thinking." And then there is a feeling of drawing back because, "No. I should not do that." Yes, you should. Enjoy being one as the Christ which you are. Enjoy sharing love with each one of your friends. And enemies, as you call it.

You live in a time now where there is an acceptance of a belief of dichotomy -- being separate, being me and then others. And in truth, the energy of you is the Christ energy. And you are one with all of the ones that you see, behold and ones which you are in touch with through what you call prayer and meditation. And one with all of the rest that you find reported in your "news" which is not news.

You are one as you go forth because ones will tell you an experience perhaps that they are going through. And you say, "Yes, I understand. I've been there. I felt that." And you have even if it may not be what you see to be this lifetime experience. But you can draw from the depth of understanding how it does feel to be whatever they are describing. And so, you are one with them, in uplifting them, saying, "Yes, I have been there, felt that, done that. But guess what? I came through it. Look, here I am."

I can say that because I came through what you know as the crucifixion. And where am I? Right here with you right now. Yes, you can believe it.

There are many adventures in human life. Enjoy them all. There are many adventures in life after human life. Enjoy. Call them forth even in this day and time when you are activating the body and say "Could that be?" Yes, it could be.

You are the most wonderful. I'm going to use the terminology that you know -- piece of work -- in this day and time. Some ones of your friends, family members, perhaps have called you a piece of work. "Oh my God", they have said, and they call upon their God, the God Self. "How that one is a piece of work". And you are exquisite pieces of work.

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You are the God Self come forth to live through the human experience and to bring forth the Christ even in a day in time when Christ seems to be far away. Christ is right here with you right now. Always and forever. It is your true nature. It is your true self. It is the true One -- capital "O" of you. You are not separate. You are not far away from it.

Those of you who have prayed to know your Christ Self, I give it to you free. I give it to you -- take it, I give it to you -- accept it as your being for you are the one Christ having the human experience. I know. I did it, I felt it to the nth degree. And I love you. I love that which you are. I love you as the human being that you see yourself to be. And I love you as the Christ Self that I know you to be.

When you get to that place where you say, "I am One, one with the heavenly being of myself," as you know yourself to be individuated energy. "I know myself to be One. There are times when I am praying, there are times when I am meditating. And I feel much more than just the human body. I come to that place of peace that knows no boundaries, that knows only eternal love. And I breathe and I accept the Oneness of my Christ Self." For that is truly, truly who you are. Allow yourself to celebrate, to claim it. For truly no one can keep you from knowing your Christ Self and to be the experience of the Christ Self.

"Jeshua, does it mean I have to be crucified?" Not in this way. But you have known in this lifetime times of being crucified where you felt that there were ones judging you. And they didn't have all the facts. And they were judging from a place that they understood, but it was not yourself. And you have done this yourself as you have judged yourself. For you have stood away as a separate entity and judged yourself as, "Oh, I did it again." I have seen you in times when you have felt that anguish of, "Oh, I've done it again. I thought myself to be separate, to be guilty." All of you have had your times of knowing, "I could have done better. You know, if I'd been a little bit wiser and more loving, I would have said something different to my friend. But I was just judging it from myself."

This is yourself talking to yourself. And you have felt in that place of distance. Allow yourself to abide in love where that is truly what you are. It is waiting only for your acceptance and your invitation to walk as the loving being that you are. And to smile. I have seen you as you have walked into this room. I have seen you as you have been in this day -- smiling. Yes, you do know how to smile. Yes, you do. I know. I have seen it. At a time like that when you are in a place of love all of your lights go on. Yes, you are quite a radiant, quite vibrant.

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So, allow yourself to abide in love. Love of self? Yes, please. And love of others. For in truth, everyone you meet is calling out for love, for understanding. You, as you understand the individuated self, you are asking for, "Please let them understand. I didn't mean that the way I said that. That came across in a way that I didn't mean that. I really meant 'I understand you. I know'."

But sometimes you come across in a more judging way depending on the words that you use. And that is not you. The true self of you is love and understanding in that place of love. So, what you do is you take a deep breath. And you say what my beloved friend and teacher the one you know, as Judith will say, "Cancel, cancel. I want a do over." Yes. And then there is no one, no one who can keep you from having the do over. And say, "I understand. I've been there, done that." Because you have.

Every friend who comes to you and is wanting to be understood, wanting to have love, you can meet them in love. Because you have been there and you have done with their choices as well. The same as they make choices and then say, "Oh, why did I do that again?" Have you ever said that to yourself? Of course you have. Allow yourself to smile and say, "Okay, I cancel that with love." And you take the deep breath and all is wiped out. The only one who's going to be holding that would be you. And with your canceling, you let it go. It is as simple as that.

And sometimes because it is so simple. You say, "Oh it can't be. Jeshua, I know. I've got to do 10 things to atone for this thing. This terrible thing I said to her and I didn't mean it. Not really. It was just of the moment." Okay. Cancel. It is as simple as that. Give love for -- that is what your forgiveness is giving. Give love for -- in place of judgment, in place of what seemed or could seem as critical.

I know there are times in every day when you feel into that judgment seat where you are judge and jury. I know it happens in the human self. But your God Self/ Goddess does not hold that against you. Your God Self and the Goddess of you is beautiful, loving and always giving for -- love for in place of. That is what forgiveness means to give love for, in place. Okay. Is anybody going to hold that against you? But in truth, No. Only you. And as you take a deep breath, you can let it go. "Oh, is it that simple, Jeshua?" In truth it is. But it does not mean that it is easy. It is that simple. Take the deep breath and replace what has been in a place of judgment perhaps with love. Love yourself as the God Self loves you. For in truth, you are the example -- the living, walking breathing Christ.

Was there ever a time when the Christ of me got angry? Oh, yes. And you have this story in your holy scriptures. When I got very angry with the money changers at the

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temple. And I did away with all of their golden coins because they were not dwelling in love. And yes, I knew righteous anger. And you have known anger, righteous or not. There was "right" at that moment. Yes. Okay. And the forgiveness is waiting right there on the other side of that anger to know peace.

For in truth, the Christ Self of you does not know judgment, does not know the anger and the feeling of "Oh, I did it again." So, forgive again. What does it cost you to forgive again? Only a deep breath perhaps. You can do that. Allow yourself to walk forward in love. Love of others. Yes. You find that sometimes easy to do. Not always. But Love of self. "Jeshua, that's harder to do. Because I know myself. I know where I'm coming from sometimes. And I judge - critically. How can I be the God Self?" You are at all times the God Self. Breathe easy and love.

I think that is a good slogan (Audience member: "Breathe easy and love"). Exactly, yes. And give them out freely so that people can know that truly the God Self of you does not judge you. Not in the way that usually the human judging goes. You are judged with an omniscient, omnipresent God Self of love. Take that to heart.

You are so beautiful. Each and every one of you as the Christ Self. You are so beautiful. Not in a way of Earth beauty that is transient. That says, "Well, I have to comb the hair just right. I have to get it down and maybe put on some lipstick or whatever." You are from the heart of you living, walking, breathing love. Display it for all to see. Okay. That is my message to you today.

Now, we will go on with some other topics. Yes, but the underlying message always my message is that you are lovable. You are loving. You are love on two feet. You are love when you have been on four feet. Or when you have had no feet at all and you have been the lowly worm perhaps. You are still love in essence, exhibiting different characteristics for the sheer fun of it. Make love fun. And I am not talking about physical love. I'm talking about love from the heart.

You are free. Ones feel that they have been born in sin. "Well, my parents got together and they sinned because it was pleasurable." That is not a sin. That is not a sin. I knew woman. Pleasure, even human pleasure is a gift from the God Self. "Oh Jeshua, I don't think I can go there. I think that's maybe too much. Because when I do that and I really enjoy it, then I have to go to my, my priest, my clergyman, the person who knows more than I do about religion. And I have to beg forgiveness because, you know, I was into being human at that point."

There is nothing wrong with being human. It is what you have brought forth to experience the God Self of you. Human and animal and otherwise, even as the lowly

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worm. Sometimes the worm knows more than the human. Life. The worm knows life. Sometimes the human says, "Oh, I can't enjoy life, it's too difficult. And I make too many mistakes." You have never made a mistake. Take that to heart. You have never made a mistake. You have made choices to experience. But none of them were a mistake. It was for the sheer knowing of what was the result of a choice.

You are all experimenters. You are all the scientists who want to know. A question comes up and, "I want to know." So, you try it out. Sometimes you like the answer. Sometimes you don't like the answer. But you are living and experimenting and learning, "What is love? And what is not love?" That is what life is about -- to know what is love.

Human love? Yes. Boy, it has its ups and downs! I saw this in my lifetime. But human love can and does express itself -- in friendship, and in helping others. And in knowing that there, -- as you see someone else having a hard time -- there, but for the grace of God, go I. I know that experience. I have been there. I have done it. I have felt it. And yes, I have suffered. But not for too long. Because I claimed my God Self. I have felt that -- the human self. This was true upon the cross. I wanted, I, one Jeshua, wanted to know how does it feel to have the heavy big spikes through the hand? Well, I very quickly found out. And decided I didn't want to feel that. Okay.

And same is true for you as you are in different relationships with ones. And maybe there is a bit of a misunderstanding or it does not come together like this, but it comes together like this. Have you been there? Felt that? Of course, you have. Take the deep breath. Abide in love and know that truly it was a human experience for the sheer joy of knowing humanhood. Because after all, if you have been courageous enough to take upon yourself the human body -- and it takes courage. There are many of what you would see to be spiritual entities that have said, "Oh, I tried that once. I'm not doing that again. I'm going to be the spirit that floats around and loves and so forth. But I'm not doing humanhood. I've been there, done that. Did not feel good." Okay, that is their choice at the moment. In truth, it will change. They will accept and choose again to experience perhaps 90% of the goodness of human life instead of only 30% etc.

Everything -- you have a saying in your world -- everything is a choice. And it is. You choose to do and be and heal. And then afterwards you choose how you are going to evaluate the experience. Human life, beloved ones, is a gift. It is a gift that you give to yourself. The Divine Self of you said, "Okay, you can take the focus of your attention of your being and put it upon the human expression. Try it. You might like it. Try it, you might not like it." But it is for the sheer experience of knowing what and who and how you can be. Bless it all, with your love.



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When you see brothers and sisters who are seemingly down on their luck as it's called, when they don't seem to be having the comforts of human life, allow yourself to share what you have with them. Allow them to rise up. For truly what they are asking for; the human comforts of food, of dwelling place. Yes, they want that. But they also want to be acknowledged for the worth of them, for the Christ of them. They want to be in a place where you see them -- not in a judgement place of saying, "That's just rubbish, trash," whatever, whatever your word would be for it - but "that is the essence of Godhood going forth on two feet." Sometimes they're on four feet, whatever. Know that they are living life, having an experience that it is theirs to bring them to that place of saying, "I am creating."

Now, a lot of times they say, "I'm not creating this; this is all happening to me. I was born into the wrong family. We didn't have money. I had to grow up as being poor. I had to steal in order to have food to eat," etc., etc. But everything - they come finally to a place of understanding -- that everything is a choice as to how you will look at it. And the Christ sometimes does not have to be on the cross to suffer. In truth, I did not suffer on the cross. I did, for one very short moment, experience the very big nails in the hands and feet because I wanted to know humanhood. But it was a very short moment. I said, "Okay, been there done that. I know how that feels."

You can do that with every experience that you have. Allow yourself to feel the experience. "I don't feel loved. I was never loved by my parents. It was a large family and they never even looked at me. They -- even as an infant when I cried, I didn't get the attention I needed." Okay, that was your experience in that lifetime to know how humanhood could be experienced. I use the word "could" because you have free will. But you do not have to stay there. And there are many examples of ones who were born into what you would say was poverty and did not have all the luxuries of human life. Ones who were born with a body that was not functioning or the legs, the appendages would not work right. Whatever. Because you wanted to know the full spectrum of the Christ -- be able to experience, to bring into that total knowing that I have brought this out of my God Self in order to know how it feels to be crucified, how it feels to be lame not to be able to walk, how it feels to be blind and not to see the beauty, the physical beauty of the world -- of the Earth.

You have made all kinds of lifetimes for yourself because you have wanted to know, to experience. The Christ is all powerful. So, you have made lifetimes where you suffered physically. You have made lifetimes where you have made the suffering, the emotional suffering where you were cast out. The family -- they did not want you. You were an extra mouth to feed and you are not the most handsome. And so, you were left

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by the roadside for somebody else to pick up. Or maybe nobody picked you up. Okay. You've had all kinds of experiences because the God Self of you wanted to know, to be, to express, to experience. And then to work -- not to work but to come from the heart of love when you would see a brother, sister, or animal on four feet, or an animal with no feet, whatever how the life experience is known.

You have made for yourself many experiences, many lifetimes with different forms, so that you could know how does it feel to be the roaring lion. "I am the king of the forest." And to be the lowly flea, that lives on the lion. Okay. Just for the experience of it all. You are powerful. You create. You are of the same essence of God/Godhood. You have made for yourself in this lifetime a certain form to go forth. Maybe you need the chair with the wheels to go forth. Maybe you have the sticks under the arm to go forth. Maybe you have the one leg. Maybe you have two legs. Maybe you have four legs. Maybe you have the wings. Okay. Because you want to know, to experience God Self. Because these are all expressions of God.

"Wow, Jeshua. You mean when I was that lowly flea that was living on the dog and I didn't have much to eat, I was still an essence of God?" Yes. "You mean when I was the wonderful giraffe with a long neck and I could eat from the high branches of the trees and get the fruit of the lowly squirrels and so forth -- they couldn't get much --I was still the God Self?" Yes. You have chosen to know, truly to experience the God Self of you in all different forms. And to love, to be in love with a God Self of you that knows that you display form out of love. "Oh, I thought that was only in the bedroom." Beloved one, you have been everything you can imagine for the sheer joy of the experience. Everything.

"Hmm, that's kind of overwhelming, Jeshua. I don't know. I'll have to think about." Yes, please do. Please know that you have been everything you can imagine. You have had every emotion that you can imagine. You have been there, done that and returned to love. Full stop, period. Bottom line. Back to the love self of you that allows you to create.

"Oh, Jeshua, I think that's a little bit deeper than I can go." That's okay. Meditate. Think upon it. Expand. It may not happen the first time. In fact, it probably will not. But allow yourself to have the experience of the butterfly. The experience of the lion that chases the butterfly. The experience of being the snake in the grass, or the fish in the sea, or the whale.

"Now Jeshua don't get personal about this. I know I have extra weight but I'm not a whale." I jest with you. Beloved one you have been everything that you can imagine in order to know how it is to be that, and the freedom that you have to create because



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you are of God Essence. Take that deeply to heart. Live with love knowing the full power of God Essence.

God Essence – yes, sometimes judges but quickly cannot hold that judging. Because there is – and you have felt this -- there is when you're going into judgment, sometimes there has been a tapping on the mind that says, "But there's more." And you have not been able to hold that place of judgment that would see others as separate from you. Where you would say, "They were wrong. And I'm right." Know all is one. All is truly love. That is why love feels so good -- because you know that you are one with it, whatever you were going to be judging. You are one.

"Jeshua, I can't be one with a flea." Why not? Try it. You might like it. You did try it and you decided that you wanted something a little bit bolder. Okay. A little bit maybe bigger although fleas have a lot of power. They can cause ones to do a lot of activity. Yes. And the lowly flea is not doing it for that reason. The lowly flea, as you call it, is living the essence of life in a different form, a different way. And yes, the flea, sometimes they will bite you. "Oh no, no Jeshua, he wouldn't bite me." Oh, yes, they do. When you get a flea bite, count it all as good,

Experiences -- they are treasures. Even the experience on the cross is a treasure. "But Jeshua, I don't want to go there. I don't want to be crucified." I have news for you. You've been there, done that. And that is why you are saying, "I don't want to go there." You have had many, many life experiences, one of which was a crucifixion. More times than that you have had the emotional crucifixion which has actually entailed more suffering. The emotional crucifixion where you felt ones who should have known better or should have loved me did not come through with it. And that hurt more than the physical.

Allow yourself the deep breath. Allow yourself to abide in love. And to know that truly you are as the trees, the flowers, the butterfly, having a life experience you have chosen. That you will have a certain form for a certain number of years to know what it feels like. "Oh, but Jeshua you know this ache in my shoulder? It doesn't feel very good." Well, allow yourself to love the shoulder, to thank it for what it has allowed you to do. How would you be able to row the boat if you did not have the shoulder? How would it feel if you did not have the mobility one way or another? It would be a place of very deep meditation because you would stay in one place and you could meditate.

You see there is no experience that does not have its value. Take that to bed with you this evening. Contemplate in your time of meditation, "Is there any experience human or otherwise, that does not have its value?" No, every experience has its value. And you

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are wealthy beyond measure because of experiences that you have had in what you call to be past lifetimes, and what you expect to come in future lifetimes. Yes.

As you are sitting here listening to these words, there is a dream that you have for a future lifetime when, "I'm going to be the most beautiful woman. Everyone's going to love my beauty. I am going to be the strongest male. I'm going to be the horse that wins the horse races every time. I'm going to be," etc., etc. You have these dreams. Now, I will ask of you a very difficult question. Where do those dreams come from? How can you imagine how it would feel to be a horse? In a race? It's based on past experience.

"Oh no. Jeshua. I was never a horse. I might have been a donkey or a jackass. I've been called that." No, that's not what I mean. Everything you think of and you have some knowledge of you have been. You have been there, done that. For the sheer joy of knowing that you could bring it forth and experience it. You are wealthy beyond measure, beyond whatever is in your greenbacks as they are called and your coins, your golden coins. You are wealthy in the experiences you have had. You know how it feels to not be loved. You know how it feels to be loved. You know how it feels to love, to be wealthy in that way. You know how it feels to be the beloved pet and to have someone love you. And you know how it feels to be cast away and not valued. You know.

You have brought forth those experiences to know, to feel deeply. Why? To know Oneness. To know all. To want to feel that place of oneness with someone who is going through an experience and you have been able to comfort them. You have been able to say, "I know. I've been where you are. I know how that feels. And it is hell itself." And it has been -- where you would abide in a place that felt judgmental, that felt you were being judged, that felt fear, overwhelming fear. You've been there. You have done that. You do not want it, of course. But you will have wanted to know, maybe a small part of it, so you can say, "Okay, I know that feeling and I'm not going there."

I have heard my beloved friend and teacher, the one you know as Judith say, "Okay, I've been to the beginning of some of that. And I'm not going there again." Okay, that experience that would be called a past experience is wealthy, is valued because she does not have to go there again. Like, "Okay, I know where that path is leading. And I'm not going to go there."

So, all of you are wealthy beyond measure. It is called in your day and time imagination. And yet I would say it is based on experience. It is based on knowing that if I make certain choices and so forth, I know how that is going to feel. So okay, I can take the deep breath and go for it. But I have been there, done that so I do not think I'm going to do that. That's better. You are wealthy in the experiences; adventures -- I will

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call them adventures -- that you have had. For you have said, "I will go down that path. I will be strong." And you have been.

Allow yourself to live in love. Love of others, yes. To help them up when they seem to be stumbling. You have a bit of that happening in this day and time where ones are homeless. And they are without any means of the physical, what they need for the body to keep the body going. You know how that feels because you have been there and done that. Allow the heart to open however it is advised, applicable. Allow yourself to reach out in love if that is what is called for. For truly, you have been there, done that.

That which you have, freely give. And it does not always mean the golden coins. It often means to smile, to uplift. Putting the arm around the shoulder and saying, "I know how you hurt because I've been there. But I also know that it doesn't last. You will come through this. Here, let me walk with you." And that makes all the difference in the world. And all the difference in the afterworld as well.

For truly the angels as you know them to be are essences of love who have taken upon themselves the appearance of not being quite as you are rooted to the earth. These ones are you in essence -- as you would call them, your Higher Self perhaps. These ones are servants to you, to lift you up if you have the eyes to see and the heart that will open. And you do. And it is obvious to the ones that are not with the baggage to carry around but the ones who are living loving essence of love.

So, invite them as you do. Know that they attend to you even if you do not recognize them. They are right there with you as you have been in what you see to be -- which is not true but I will say, I will use the word separate. So that it explained something separate entity. For in truth, you are never separate as just this. (Jeshua gestures to body) You are much more. You are living breathing love on two feet, four feet, no feet, whatever.

Life. You have chosen various forms of life for the sheer fun of it. For the sheer joy of knowing how does it feel to be a butterfly? "Oh, it feels good. I love it." How does it feel to be the camel and have someone riding on your back? "Oh okay, not bad." How does it feel to be the bumble bee? "Oh, I'm busy all the time." Well, yes. You heard that saying in your world. Busy as the bee. Yes. And sometimes you are.

Beloved one, every display of form, of essence in any form is of heaven. It is of heaven to let you know the wealth, the treasure of being. Count it all as good. So, when you see the butterfly, when you see the bumblebee, when you see the lowly flea upon the dog count it as treasure.

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“But Jeshua, the flea is biting my dog. Now shouldn't I take the flea off of the dog?” Yes, you can take the flea outdoors somewhere, let it go. Or... For indeed life in form is fleeting. That is not your true self. It is for experience. It is for allowing. It is for coming home as the essence that you are. Life in form serves the experience and claiming of the Heavenly Self knowing that I am more than the form. That is why when you come to draw your last breath, there is in truth, a peace that comes with it. A peace that knows, “I am this and more.” For truly the essence of you does not die with the physical. The essence of you is forever ongoing, experiencing, loving, knowing that you are loved. And you make all kinds of wonderful stories to bring it home in your knowing, to bring it to that place of knowing, “Well, this is good. I like the body but sometimes you know, this, this one knee hurts me. And sometimes I get a pain in the head called a headache type thing. You know, it's not all that much fun” etc.

Allow you to choose what you will focus on. Allow you what you will choose to know as the true self of you. And come home in peace to me. So be it.